



Cadgwith

Using the same stitch pattern as my Cadgwith cardigan these socks are knitted top down with the pattern spread across the front of the sock. As always I've included tick off charts within the pattern so if you print it out you can keep a note of where you are.

Ingredients

- Fingering or sock weight yarn 60 to 80 grams (I used 60 grams for a size 7)
- Set of five 2.5mm double pointed needles
- Tapestry needle

- Measuring tape
- Scissors
- Two stitch markers (optional but helpful)
- If you decide to knit these on a small circular needle you will also need an additional three stitch markers to mark the stitch count for each needle

Sizes

Foot circumferences:

Small – 7.5 inches – 56 stitches

Medium – 8.5 inches – 64 stitches

Large – 9.5 inches – 72 stitches

Abbreviations

- k – knit
- p – purl
- sts - stitches
- dpn – double pointed needle
- sl – slip stitch purl wise
- k2tog – knit two together
- ssk – slip two stitches knitwise one after the other, knit the slipped stitches together
- rs – right side
- ws wrong side
- * ____* - repeat stitches detailed between

Cuff

Cast on 56 (64, 72) stitches and distribute them evenly over the three needles.

Make sure the stitches are not twisted, join to work and knit the first round

Next 20 rows *k2, p2* to create a rib

Leg

Set up round:



k2 (4, 6) pm, k24, pm, k to end of round.

The 16 row pattern is worked over the 24 stitches between the markers. I worked three repeats for these socks but you can do more or less if you want to change the length of the leg.

On your final round knit the first 28, 32, 36 stitches before using the remainder for the first row of the heel.

1	Knit			
2	*k4, p4*			
3	Knit			
4	*k4, p4*			
5	Knit			
6	*k4, p4*			
7	Knit			
8	*k4, p4*			
9	Knit			
10	*p4, k4*			
11	Knit			
12	*p4, k4*			
13	Knit			
14	*p4, k4*			
15	Knit			
16	*p4, k4*			



Heel

We will now knit over and back to create the heel flap and gusset with 28 (32, 36) stitches

Shuffle your stitches around so you have the heel stitches on one needle with the remainder spread of the other two, so they 14 (16, 18) on each

Row 1 (rs) – (sl1, k1) to end, turn (the slip stitches count as a stitch), 28 (32, 36) sts

Row 2 (ws) – sl1, p to end

1													
2													

1						
2						
		S		M		L

End on the circumference size

Heel turn

Still working across the 28 (32, 36) sts of the heel continue:

Row 1 (rs) – k all sts, turn

Row 2 (ws) – sl1, p 15 (19, 21) p2tog, p1, turn

Row 3 (rs) – sl1, k 5 (9, 9) ssk, k1, turn

Row 4 (ws) - sl1, p 6 (10, 10) p2tog, p1, turn

Continue working row 3 and 4 k and p until one stitch before the gap created by the ssk/p2tog from the previous row before completing the row turning until all stitches are worked. Omit the p1 and k1 of the last two rows, ending on a rs row. You should have 16 (20, 22) sts left.



Gusset

We will pick up stitches along each side of the heel flap. We will shuffle the stitches around the needles to help with continuing the pattern.

Use the grid to mark off your rows ending on the row for S, M or L.

- With the same needle, pick up and knit 14 (16, 18) sts along the edge of the heel flap place a marker one stitch before the last pick up = needle one
- With a new needle, knit across 14, (16, 18) sts and continue onto the next needle knitting another 14 (16, 18) sts = needle two
- With a new needle pick up and knit 14 (16, 18) sts placing a marker after the first pick up), continue onto the first needle and knit 8 (10, 11) sts = needle three

You should have now:

Needle one – 22 (26, 29) sts and a stitch marker one before the end

Needle two – 28 (32, 36) sts

Needle three – 22 (26, 29) sts and a stitch marker after the first stitch

Note you have just completed round 1 of the 16 row stitch pattern, the decrease will start on round 2

Gusset decrease

We are back working in the round now, the centre of the heel is the start/finish of your round, you may want to place a marker here to remind you. The decrease is worked on the pattern row and marked with a D on the tick off chart below.

Decrease round – k to 2 sts before first marker, k2tog, sm, k1, k to next marker, sm, ssk, k to end

You will complete 8, 10, 12 decrease rounds.

1	Knit		
2	*k4, p4*	D	D
3	Knit		
4	*k4, p4*	D	D M
5	Knit		
6	*k4, p4*	D	D
7	Knit		
8	*k4, p4*	D	D L
9	Knit		
10	*p4, k4*	D	
11	Knit		
12	*p4, k4*	D	
13	Knit		
14	*p4, k4*	D	
15	Knit		
16	*p4, k4*	D S	

You should have your original stitch count with 14 (16, 18) stitches on needles one and three.

Foot

Remove markers as you go, continue in pattern until the sock measures 2 inches shorter than the foot measurement (from heel to the longest toe).

Small starts on round 1

Medium starts on round 5

Large starts on round 9

Kate Atherley has published a comprehensive table of foot and sock sizes, which can be found here:

<http://kateatherley.com/2017/08/10/foot-size-tables/>



Toe

Complete a further 6 rows of knitting for each size.

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Then starting on needle one:

Round 1 – knit to last 3 sts, k2tog, k1; on needle two k1, ssk, k to last 3sts, k2tog, k1; on needle three, k1, ssk k to end

Round 2 – knit

Work these two rows, marking them off until you reach your circumference size.

	1	2	3	4	5	6	7	8
1								
2								
						S		M
	9	10						
1								
2								
		L						

You should have the following stitch counts:

Small – 7, 14, 7

Medium – 8, 16, 8

Large – 9, 18, 9

Knit across the stitches on needle one onto needle three so you have two needles with 14 (16, 18) sts on each and then Kitchener stitch to finish. There are lots of video and written tutorials on the internet.



Use

I am happy for this pattern to be shared and use for personal and onward sales. Please however credit your creation back to this pattern.

If there are any issues please contact me via email: tracey@bluebirdanddaisy.com

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